

# 8. A Better Way

*“The fruit of the Spirit describes God’s kingdom purpose for every one of His children.”*

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## OPENING DISCUSSION:

Consider and discuss the following *BEFORE* watching Session 8:

1. How does the fruit of the Spirit apply to marriage?

## SCRIPTURE PASSAGE

*Galatians 5:19-23*

<sup>19</sup> Now the works of the flesh are evident: sexual immorality, impurity, sensuality, <sup>20</sup> idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, <sup>21</sup> envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law.

## KEY IDEAS:

1. The works of the flesh (Galatians 5:19-21) are driven by the kingdom of self.
2. The fruit of the Spirit (Galatians 5:22-23) are driven by the kingdom of God.
3. The fruit of the Spirit describes God’s kingdom purpose for every one of His children.
4. The character qualities described in the fruit of the Spirit make relationships beautiful.

**GALATIANS 5:19-23**

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**THE FRUIT  
OF THE SPIRIT**

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*Below is intentionally left blank for additional notes on the fruit of the Spirit:*

## **REVIEW:**

1. How are the works of the flesh (Galatians 5:19-21) driven by the kingdom of self? Each person should pick a work of the flesh and describe the selfish pleasure motivating that work.
  
2. How are the fruit of the Spirit (Galatians 5:22-23) driven by the kingdom of God? Each person should pick a fruit of the Spirit and describe the Christ-centered motivation for that fruit.
  
3. Why is a relationship, specifically marriage, most beautiful when both people are pursuing the Kingdom of God and living out the fruit of the Spirit? Be specific in your examples.

## **DISCUSSION:**

1. What fruit of the Spirit have you seen grow the most in your life as you matured in Christ?
  
2. Conversely, what fruit of the Spirit has seen the least growth in your life? Why do you think you still struggle with this fruit, and how can you get help?

## APPLYING WHAT YOU LEARNED:

### ASSIGNMENT #8 - Fruit of the Spirit

Love. Joy. Peace. Patience. Kindness. Goodness. Faithfulness. Gentleness. Self-Control.

For this assignment, pick three (3) fruits of the Spirit and be intentional to monitor them as best as you can during the week. Journal or take notes below of instances or incidents where you struggled to produce a specific fruit. Identifying struggles and building awareness can help you plant specific roots by the streams of grace for growth.

1) \_\_\_\_\_:

2) \_\_\_\_\_:

3) \_\_\_\_\_:

### Supplemental Reading:

WDYE Chapters 13,14, 17  
John 15:1-17



END OF SESSION

### PERSONAL REFLECTION:

In the 10,000 little moments of everyday life, how am I motivated by the kingdom of self and what does that do to my marriage?

In those same moments, how should I be motivated by the Kingdom of God and what will that do for my marriage?

What fruit of the Spirit do I intentionally need to monitor?  
Do I need to seek out help from the body of Christ?