

# 1. Roots of a Good Marriage

*“Romance is never the cause of a good marriage; romance is always the result of a good marriage.”*

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## OPENING DISCUSSION:

Consider and discuss the following *BEFORE* watching Session 1:

1. What were your expectations prior to getting married? (*Engaged or Singles - what are your future expectations for marriage?*)
2. What is dangerous about unrealistic expectations (in general, not just about marriage)?

## SCRIPTURE PASSAGE

*Luke 6:43-45*

<sup>43</sup> For no good tree bears bad fruit, nor again does a bad tree bear good fruit, <sup>44</sup> for each tree is known by its own fruit. For figs are not gathered from thorn bushes, nor are grapes picked from a bramble bush. <sup>45</sup> The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

## KEY IDEAS:

1. Your life and marriage is not made up of big moments, but of small, mundane moments.
2. A marriage of unity, understanding, and love is rooted in worship, not romance.
3. Worship is first your identity before it is ever your activity.
4. Your words and behaviors are shaped by what is inside of you more than what is outside.
5. The heart is the causal core of your personhood.



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**PRINCIPLE 1:**  
A marriage of unity,  
understanding, and love  
is not rooted in romance,  
but in worship

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**LUKE 6:43-45**

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**THE HEART**  
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## **REVIEW:**

1. Why are the small, mundane moments of everyday life so critical to your marriage?
2. What does it mean to be a “worshiper”? What does worship in marriage look like?
3. Why can't you build a strong marriage on the foundation of romance?

## **DISCUSSION:**

1. What small and mundane moments have had a big impact in your marriage?
2. What things, other than God, have a tendency to capture your heart in marriage?

## APPLYING WHAT YOU LEARNED:

Take time in between Session 1 and Session 2 and use these assignments as personal homework.

### ASSIGNMENT #1a - Evaluating Romance

Set aside quality time by yourself and evaluate the romance in your marriage. Has there been a lack of romance recently? Are you trying to build a healthy marriage on the foundation of romance instead of worship? How can you be a better worshiper in your marriage? *After you have personally reflected on these questions, consider coming together with your spouse to discuss your findings. Approach these important, yet potentially difficult, conversations with a humble, confessing, forgiving, patience, gentle, and peaceful spirit.*

### ASSIGNMENT #1b - Evaluating Conflict

Set aside quality time by yourself and evaluate the conflict in your marriage. Has there been a lot of conflict recently? On the surface, what seems to be the reason for the conflict? However, knowing that Jesus says conflict comes from within, what is the deeper reason for the conflict? *After you have personally reflected on these questions, consider coming together with your spouse to discuss your findings. Approach these important, yet potentially difficult, conversations with a humble, confessing, forgiving, patience, gentle, and peaceful spirit.*

### Supplemental Reading:

WDYE Chapters 1 & 4  
Psalm 139  
Psalm 51



### PERSONAL REFLECTION:

If I were to watch a video recording of my life, would I be saddened and surprised by how I treat my spouse in small moments?

What, or who, do I blame for my sinful behavior? Do I take seriously Jesus' diagnosis that my heart is the problem?

In the privacy of my marriage, where no other Christian friend can see, what do I worship with my time and money and emotions?